



RULES

1. Challenges must be accepted.
2. Competitors must race at least once a month.
3. You cannot challenge until your previous challenge is finished.
4. You can challenge one or two positions in front of your position – or – you can challenge the person in front of you in your section.
5. All races must be umpired.
6. All races are raced under the rules of Rowing Ireland (formally IARU).
7. To join the Ladder after the Time Trials, you must challenge last or second last position.
8. All competitors are entitled to one free challenge during the season, except those who join from the 1st January.
9. You cannot take over the leadership of a section unless you challenge and defeat the person in the leadership of that section.
10. Notify Pat Hickey of challenges at least 48 hours before race.
11. Results must be given to Pat Hickey within 48 hours of race. Failure to do so, will make the result NULL and VOID.
12. If there are any problems, you must contact Pat Hickey. 021 4778653 (H), 087 2734390 (Mobile) or pat.hickey@bioaugmentation.ie (E-Mail).
13. Failure to accept the above rules can result in disqualification.
14. All Cork Sculling Ladder Time Trials and Sculling Ladder Challenge Races to be held at the Marina course (Cork).