

#	Year	Men	Club	Women	Club
1	1972-73	H.G.Buckley	Cork Boat Club		
2	1973-74	H.G.Buckley	Cork Boat Club		
3	1974-75	Frank Durkin	Cork Boat Club		
4	1975-76	Frank Durkin	Cork Boat Club		
5	1976-77	Denis Rice	Fermoy Rowing Club		
6	1977-78	Cormac Murphy	Lee Rowing Club		
7	1978-79	Tony Clarke	Dungarvan Rowing Club		
8	1979-80	Killian O'Brien	Waterford Boat Club		
9	1980-81	Tony Corcoran	Dungarvan Rowing Club		
10	1981-82	Tony Corcoran	Cork Boat Club		
11	1982-83	Tony Corcoran	Shandon BC/UCC RC		
12	1983-84	Brian Kelleher	Shandon Boat Club		
13	1984-85	Dermot Fehily	Cork Boat Club		
14	1985-86	John McCarthy	Cork Boat Club		
15	1986-87	Declan Buckley	Cork Boat Club		
16	1987-88	Paul McCarthy	Cork Boat Club		
17	1988-89	Brian O'Flaherty	Cork Boat Club		
18	1989-90	Brian Crean	Shandon Boat Club		
19	1990-91	Eoin Whelan	Waterford Boat Club		
20	1991-92	Brian Crean	Cork Boat Club		
21	1992-93	Brian Crean	Cork Boat Club		
22	1993-94	Brian Crean	Cork Boat Club		
23	1994-95	Gearoid Towey	Fermoy Rowing Club		
24	1995-96	David Heffernan	Cork Boat Club		
25	1996-97	Brian Young	Cork Boat Club		
26	1997-98	Brian Collins	Shannon Rowing Club		
27	1998-99	Noel Monahan	Shandon Boat Club		
28	1999-00	Noel Monahan	Shandon Boat Club		
29	2000-01	Serryth Colbert	UCC Rowing Club		
30	2001-02	Albert Maher	Neptune Rowing Club		
31	2002-03	David Heffernan	Old Bones Boat Club		
32	2003-04	Merlin Tanner	Bantry Rowing Club		
33	2004-05	Liam Young	Bantry Rowing Club		
34	2005-06	Noel Monahan	Lee Valley Rowing Club		
35	2006-07	Daniel Murphy	Cork Boat Club		
36	2007-08	Daniel Murphy	Cork Boat Club		
37	2008-09	Mark Callanan	UCC Rowing Club	Orla McGrath	Cork Boat Club
38	2009-10	JP Collins	Cork Boat Club	Karen Corcoran	Shandon BC
39	2010-11	Andrew Hurley	Bantry Rowing Club	Karen Corcoran O'Hare	Shandon BC
40	2011-12	JP Collins	Cork Boat Club	Karen Corcoran O'Hare	Shandon BC
41	2012-13	Andy Harrington	Shandon Boat Club	Marie O'Neill	Cork BC
42	2013-14	Colm Hennessy	Shandon Boat Club	Marie O'Neill	Cork BC
43	2014-15	Ronan Byrne	Shandon Boat Club	Claire Synnott	Lee RC
44	2015-16	Ronan Byrne	Shandon Boat Club	Margaret Cremen	Lee RC
45	2016-17	Ronan Byrne	UCC Rowing Club	Margaret Cremen	Lee RC
46	2017-18	Jack Dorney	Shandon Boat Club	Margaret Cremen	Lee RC
47	2018-19	???	???	???	???

Winners Looking for Former