

<b>Year</b>	<b>Winner</b>	<b>Club</b>
1972-73	H.G.Buckley	Cork Boat Club
1973-74	H.G.Buckley	Cork Boat Club
1974-75	Frank Durkin	Cork Boat Club
1975-76	Frank Durkin	Cork Boat Club
1976-77	Denis Rice	Fermoy Rowing Club
1977-78	Cormac Murphy	Lee Rowing Club
1978-79	Tony Clarke	Dungarvan Rowing Club
1979-80	Killian O'Brien	Waterford Boat Club
1980-81	Tony Corcoran	Dungarvan Rowing Club
1981-82	Tony Corcoran	Cork Boat Club
1982-83	Tony Corcoran	Shandon BC/UCC Rowing Club
1983-84	Brian Kelleher	Shandon Boat Club
1984-85	Dermot Fehily	Cork Boat Club
1985-86	John McCarthy	Cork Boat Club
1986-87	Declan Buckley	Cork Boat Club
1987-88	Paul McCarthy	Cork Boat Club
1988-89	Brian O'Flaherty	Cork Boat Club
1989-90	Brian Crean	Shandon Boat Club
1990-91	Eoin Whelan	Waterford Boat Club
1991-92	Brian Crean	Cork Boat Club
1992-93	Brian Crean	Cork Boat Club
1993-94	Brian Crean	Cork Boat Club
1994-95	Gearoid Towey	Fermoy Rowing Club
1995-96	David Heffernan	Cork Boat Club
1996-97	Brian Young	Cork Boat Club
1997-98	Brian Collins	Shannon Rowing Club
1998-99	Noel Monahan	Shandon Boat Club
1999-00	Noel Monahan	Shandon Boat Club
2000-01	Serryth Colbert	UCC Rowing Club
2001-02	Albert Maher	Neptune Rowing Club
2002-03	David Heffernan	Old Bones Boat Club
2003-04	Merlin Tanner	Bantry Rowing Club
2004-05	Liam Young	Bantry Rowing Club
2005-06	Noel Monahan	Lee Valley Rowing Club
2006-07	Daniel Murphy	Cork Boat Club
2007-08	Daniel Murphy	Cork Boat Club
2008-09	Mark Callanan	UCC Rowing Club
2009-10	JP Collins	Cork Boat Club
2010-11	Andrew Hurley	Bantry Rowing Club
2011-12	JP Collins	Cork Boat Club
2012-13	??	???