

CORK SCULLING LADDER RULES  
Amended October 2016

1. Challenges must be accepted.
2. Competitors must race at least once a month.
3. Competitors must wear their club colours in the Time Trial and in races.
4. You cannot challenge until your previous challenge is finished.
5. You can challenge one or two positions in front of your position – or – you can challenge the person in front of you in your section.
6. All races must be umpired.
7. All races are raced under the rules of Rowing Ireland (formally IARU).
8. Competitors compete at the grade that they finished their rowing season at (for our record 31st August) and for competitors joining from the 1st January, their grade is from that day. (ref : Rowing Ireland records).
9. To join the Cork Sculling Ladder after the Time Trials, you must challenge the last or second last position.
10. All competitors are entitled to one free challenge during the season, except those who join from the 1<sup>st</sup> January. To qualify for a free challenge, a competitor must challenge and race up to or on 31st January. Accepting a challenge does not qualify the competitor for a free challenge.
11. You cannot take over the leadership of a section unless you challenge and defeat the person in the leadership of that section.
12. Competitors are instructed : not to go below Cork Boat Club and not to go beyond Shandon Boat Club. Warm ups to take place between the two clubs.
13. If any Rowing Boats, Sculling Boats or Launches join in on a challenge race at any stage during a race (eg., racing parallel or near to the racing sculler(s) and encouraging the sculler(s) etc.), the Umpire shall stop the race, without any previous warning and disqualify the sculler(s) ( from which Club the offending boat(s) come from).
14. Notify Pat Hickey of challenges at least 48 hours before race.
15. Results must be given to Pat Hickey within 48 hours of race. Failure to do so, will make the result NULL and VOID.
16. If there are any problems, you must contact Pat Hickey. 021 4778653 (Home), 087 2734390 (Mobile) or [Pat.Hickey@BioAugmentation.ie](mailto:Pat.Hickey@BioAugmentation.ie) (e-mail).
17. Failure to accept the above rules can result in disqualification.
18. All competitors must be covered either by their own insurance or their club insurance.
19. All Cork Sculling Ladder Time Trials and Sculling Ladder Challenge Races to be held at the Marina course (Cork).

Pat Hickey.  
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