

CORK SCULLING LADDER
Incorporating the Cork Coxless Pairs Ladder (on a trial basis)

RULES

1. Without an acceptable excuse, challenges must be accepted.
2. If a response to a challenge has not been received at least 48 hours before the proposed race time, the challenge is deemed to have been accepted and the race goes ahead at the prescribed time. Failure to appear by the challenged at the race time, results in disqualification from the Cork Sculling Ladder or the Cork Coxless Pairs Ladder.
3. Competitors must wear their club colours in the Time Trial and in races.
4. You cannot challenge until your previous challenge is finished.
5. You can challenge one or two positions in front of your position – or – you can challenge the person in front of you in your section.
6. All races must be umpired.
7. All races are raced under the rules of Rowing Ireland (formally IARU).
8. Competitors compete at the grade that they finished their rowing season at (for our record 31st August) and for competitors joining from the 1st January, their grade is from that day. (ref : Rowing Ireland records).
9. To join the Cork Sculling Ladder or the Cork Coxless Pairs Ladder after the Time Trials, you must challenge the last or second last position.
10. Crews in the Coxless Pairs are not interchangeable. The Coxless Pairs competition (on a trial basis) is restricted to Men's and Women's : Open and Junior 18.
11. All competitors are entitled to one free challenge during the season, except those who join from the 1st January. To qualify for a free challenge, a competitor must challenge and race up to or on 31st December. Accepting a challenge does not qualify the competitor for a free challenge.
12. You cannot take over the leadership of a section unless you challenge and defeat the person in the leadership of that section.
13. In the Grand Final, a sculler who has completed a challenge may opt to compete at a higher grade, otherwise you stay in your grade. Organisers to be notified 7 days before event.
14. Competitors and their coaches are instructed : not to go below Cork Boat Club and not to go beyond Shandon Boat Club. Warm ups to take place between the two clubs in the interest of safety.
15. If any Rowing Boats, Sculling Boats or Launches join in on a challenge race at any stage during a race (eg., racing parallel or near to the racing sculler(s) and encouraging the sculler(s) etc.), the Umpire shall stop the race, without any previous warning and disqualify the sculler(s) or coxless pair(s) (from which Club the offending boat(s) come from).
16. Notify Pat Hickey of challenges at least 48 hours before race.
17. If there are any problems, you must contact Pat Hickey. 021 4778653 (Home), 087 2734390 (Mobile) or Pat.Hickey@BioAugmentation.ie (e-mail).
18. Failure to accept the above rules can result in disqualification.
19. All competitors must be covered either by their OWN INSURANCE or THEIR CLUB INSURANCE and MUST HAVE COMPLETED A WAIVER EITHER ON THEIR OWN BEHALF OR THEIR GUARDIANS BEHALF.

20. All Cork Sculling Ladder and Cork Coxless Pairs Ladder Time Trials and
Cork Sculling Ladder and Cork Coxless Pairs Ladder Challenge Races to be
held at the Marina course (Cork).

(updated September, 2019)